GRADUATE STUDENTS OF COLOR FORUM

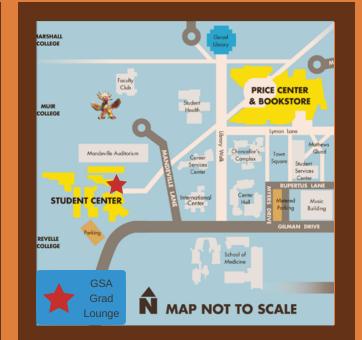
Join us to connect and discuss experiences as graduate students of color. This forum will provide a supportive space to discuss topics from a multicultural lens, including: stress management, well-being, communication with advisor(s), imposter syndrome, family responsibilities, relationships (romantic or social), multicultural identities, sociopolitical climate, experiences of discrimination, etc.

Winter 2018

Tuesdays 1-2 pm, Weeks 2-10 GSA Lounge, Original Student Center (near Art of Espresso)



Facilitated by Dr. Niyatee Sukumaran CAPS Psychologist





This meeting is not professional counseling. If you would like professional counseling or mental health treatment please call the CAPS central office at 858 534 3755 to arrange an appointment