

GRADUATE & PROFESSIONAL SCHOOL STUDENTS



CAPS FORUMS WINTER 2018 GSA GRAD LOUNGE
Original Student Center (near Art of Espresso)

GRADUATE STUDENTS OF COLOR FORUM TUESDAYS 1-2

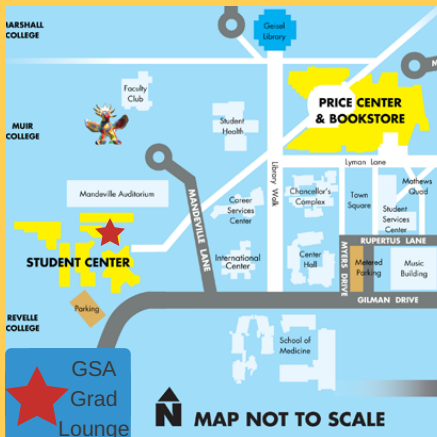
Dr. Niyatee Sukumaran

- Academic/Career Concerns
- Coping with Stress
- Diversity/Cultural Climate
- Professional Relationships
- Personal Relationships

GRADUATE STUDENT SUPPORT FORUM WEDNESDAYS 1-2

Dr. Christina Lambert

- Peer Support
- Interpersonal Skillfulness
- Purpose and Motivation
- Work/Life Balance
- Imposter Syndrome



ON TRACK GRADUATE SUPPORT FORUM THURSDAYS 1-2

Dr. Christina Lambert

- Time Management
- Goal Achievement
- Concentration
- Success Strategies
- Professional Efficacy

Weeks 2-10 (January 16 - March 15, 2018). No group January 25th

Drop-in CAPS Graduate & Professional School Student Forums are open to currently registered UCSD graduate & professional school students. These forums are not professional counseling or psychotherapy. If you have questions, please call 858-534-3755 or visit caps.ucsd.edu for more info.