## GRADUATE & PROFESSIONAL STUDENTS OF COLOR FORUM

Join us to connect and discuss experiences as graduate students of color. This forum will provide a supportive space to discuss topics from a multicultural lens, including: stress management, well-being, communication with advisor(s), imposter syndrome, family responsibilities, relationships (romantic or social), multicultural identities, sociopolitical climate, experiences of discrimination, etc.

Fall 2018
Tuesdays 1-2 pm, Weeks 2-10, Oct 9 - Dec 4
GSA Grad Lounge
Original Student Center
(by Triton Food Pantry & Art of Espresso)



Faciliated by: Dr. Niyatee Sukumaran CAPS Psychologist

For questions: 858 (534) 9057 https://caps.ucsd.edu/groups.html



This meeting is not professional counseling. If you would like professional counseling or mental health treatment please call the CAPS central office at 858 534 3755.

